



CEFAP/LADIES CIRCLE

Cercle des Filles et Femmes Actives pour l'amélioration des conditions socio-économiques des jeunes filles et des femmes



IAW / AIF Water and Pads Project -

CEFAP 9 December 2020

It is a project on menstrual education for girls in rural areas.

On 9 December we implemented the 2020 phase of the Water and Pads project. We went to Medjo, a small village in the western region of Cameroon. Menstruation is often an obstacle to the education of girls in rural areas, because they are ashamed and stay at home.

So a better management of menstrual hygiene helps to build the girls' confidence. It is also motivating in their quest for a better future through a quality education.

It is a commitment of our CEFAP organisation, Ladies Circle Cameroon, with our partner the International Alliance of Women IAW / AIF of which our organisation is a member. Since November 2020 CEFAP is also a member of the IAW Board.

During our activities at Medjo, apart from the theme of menstrual hygiene management, we have also had general discussions with the girls and boys students. We talked about the current Coronavirus pandemic, including symptoms and barrier measures, as well as about gender-based violence in schools. We distributed sanitary pads masks, liquid detergent, hydro-alcoholic disinfectant-gels and buckets with taps for hand washing in the schools we visited. At the end of the activity, there was a cocktail offered for the project team, the students and the teachers of Medjo.

Although we had not yet received the booklets on menstrual hygiene, we made this trip by driving at night-time. The journey to Mejo was not easy, but in the end we arrived there safely in the morning. During the day we were able to implement the "Water and Pads" activities.

Anne Yotchou, coordinator of CEFAP 9.12.2020